

## BOCAGE SUMMER MIXED DOUBLES LEAGUE 2023 CONGRATULATIONS, TEAM GUERCIO!

Philip & Madelene Guercio, Andrew & Alexandra McCall, Louis & Crystal Lobue,  
Michael & Jennifer Beck, Michael Mckay, Kim Perret, David Forrester, Georgia Wilemon,  
Mimi Loupe, Carl Jeansonne, Terrance McCarthy, Liz Sherman,  
Renee Coxe, Leanne Tranchina







## GENERAL MANAGER'S CORNER

I am pleased to announce Lisa Jackson has accepted the position of Tennis Director. I have worked with Lisa both at LSU and here at Bocage and I am excited this will continue. Having her in this role is a big win for the club. Although Lisa has helped run countless tournaments and mixers we had a first for Bocage on July 22nd and Lisa and Hunter Cobb organized a great tournament. It was the first ever Bocage Pickleball tournament and it was an exciting event and highlighted a sense of comraderie among members and non members alike. One of our next opportunities to highlight our club to potential new members is the Member Guest Mixer just a couple of weeks away so find a non-member partner and show off your club. See you soon,  
Jeff

### Tips to Beat the Heat!

- KEEP HYDRATED**  
Drink lots of water!
- AVOID**  
Alcohol and caffeine as they can make dehydration worse
- LIMIT**  
Non-essential strenuous activity during the hottest parts of the day
- SOAK**  
Take a cool shower or bath to help you cool down
- BE COOL**  
Stay indoors and make use of fans and air-conditioners
- REST**  
Make sure you get enough sleep and rest if you are feeling tired
- CHECK ON OTHERS**  
Including children, elderly, people with medical conditions and pets!
- EAT FRESH**  
Try eating cold foods such as salads and fruits
- SEEK SHADE**  
When outside
- DRESS DOWN**  
Wear lightweight clothing and use sun screen



**Chuck Oliver**  
President



**Denise Hebert**  
Vice-President



**Caroline Ross**  
Secretary



**Libby McKerley**  
Treasurer



**Mike Belcher**  
Board Member



**Nick Cagley**  
Board Member



**Gary Dunn**  
Board Member



**Emily Greene**  
Board Member



**Moe Hattier**  
Board Member



**Michael Leachman**  
Board Member



**John Scalise**  
Board Member



**Eric Troutman**  
Board Member

THE BOCAGE BOARD WANTS TO HEAR FROM YOU!  
DO YOU HAVE A SUGGESTION, COMPLAINT, PRAISE OR ANYTHING IN BETWEEN?

EMAIL:  
BOARD@BOCAGERC.ORG





# A MESSAGE FROM TENNIS DIRECTOR

The end of the summer is approaching, and the kiddos will be headed back to school soon! We have had a fun and hot summer camp season, thanks to all the families that entrust your kids with us over the summer. Now that school will be starting back our junior program will be starting up, the first week will be August 28th. Please look out for more information as we will be revamping our junior program starting this fall.

We will have our member/guest mixer Friday August 18th, always a fun mixer to invite a nonmember to and have them experience tennis at Bocage!

Look out for our first free tennis clinic of the fall season which will be offered in August, we will start with serves!

Make sure you are hydrating and being cautious during the peak heat hours, remember August has only begun!

Lisa Jackson  
Bocage Tennis Director

## BOCAGE TENNIS PROS



**Jeff Brown**  
General Manager  
jeffbrown@bocagerc.org



**Lisa Jackson**  
Tennis Director  
lisajackson@bocagerc.org



**Hunter Cobb**  
Tennis Pro  
huntercobb@bocagerc.org



**Matthew Waddell**  
Tennis Pro  
804-478-8754  
mattwaddell@bocagerc.org



**Shelby Dufrene**  
Tennis Pro

## PROSHOP PRO



**Chrissy Uriuarter**  
ProShop Manager  
proshop@bocagerc.org

\*USTA Rank in 30s in USA



**AUGUST**  
18TH - MEMBER/GUEST MIXER

**SEPTEMBER**  
15TH-17TH - MERCY TOURNAMENT  
29TH PURPLE & GOLD MIXER

**OCTOBER**  
13RD-15TH USTA LEVEL 5 JR TOURNAMENT  
27TH HALLOWEEN MIXER

**NOVEMBER**  
3RD-5TH CLUB CHAMPIONSHIPS  
24TH KYLE JACKSON MEMORIAL TOURNAMENT

CLICK HERE FOR  
ALL THINGS  
PICKLEBALL at BOCAGE!



CLICK HERE FOR INFORMATION ON  
BOCAGE TENNIS RULES...

- ATTIRE
- ETIQUETTE
- COURT ASSIGNMENTS
- GUESTS
- TOURNAMENTS
- COURT PRIORITY
- LEAGUES

### RULES



**BOCAGE**  
RACQUET CLUB

## MEMBER|GUEST MIXER

*Great way to meet new people & play against different players.*  
ALL MEMBERS bring a GUEST!

**FRIDAY, AUGUST 18TH**

5:30pm Wine & Tequila Tasting  
6:00pm Tennis Mixer Begins  
7pm-10pm Live Music

● mixed or regular doubles - all levels welcome ●

PRIZES FOR GROUP WINNERS  
90% WHITE CLOTHING ON THE COURTS  
BEER & WINE INCLUDED  
\$15/PER PERSON

TENNIS & PICKLEBALL

## LEAGUES OF BOCAGE

For details & information on the LEAGUES OF BOCAGE  
CLICK ON THE LEAGUES BELOW



**BOCAGE**  
RACQUET CLUB

## JUNIOR PROGRAM

RETURNS AUGUST 28TH!





225-926-9208  
PROSHOP@BOCAGERC.ORG

**PRO-SHOP HOURS**

MONDAY	8:30AM - 8PM
TUESDAY	8:30AM - 8PM
WEDNESDAY	8:30AM - 8PM
THURSDAY	8:30AM - 8PM
FRIDAY	8:30AM - 8PM
SATURDAY	8AM - 4PM
SUNDAY	8AM - 6PM

**SERVICES**

- STRINGING
- GRIPPING
- GROMMET REPAIR
- RACQUET RENTAL



**MERCHANDISE**

- RACQUETS
- SHOES
- APPAREL
- ACCESSORIES



Click Umbrella above to sign up for Court Condition Alerts



**IBKÜL™**

IBKUL has a patented IceFil technology fabric. **It converts sweat to refrigerant; cooling your skin 3 to 5 degrees.**

Garments also have built-in...

- *UPF 50 sun protection*
- *Moisture-wicking*
- *Anti-microbial properties*

**COMING SOON**

MORE MEN'S AND BOYS SIZES!

WOMEN'S TENNIS PRINT SLEEVELESS POLO & LONG SLEEVE- MORE COMING SOON!

MORE STYLES & COLORS COMING MONTHLY!

PLUS-MORE PURPLE PATTERNS COMING SOON FOR TAILGATING!

WIMBLEDON MENS DOUBLES CHAMPION '23, NEAL SKUPSKI & HIS FORMER COACH, JEFF BROWN-BOCAGE GENERAL MANAGER DONNING OUR IMPERIAL HATS! AVAILABLE AT THE BOCAGE PROSHOP!



**IBKÜL™**

**Bocage Member Testimonials**

*"This is the only brand I want to wear from now on!! I played a round of golf in 100° weather and the more I sweat, the cooler I felt. It was wild. I don't think I've ever been this impressed & obsessed with a brand."*  
-Chrissy Uriarte, ProShop Manager

*"I like that it was very comfortable, breathable, & kept me cool. The fabric didn't stick to me like other brands. It will definitely replace what I currently wear! I came back to the pro shop to get more colors and styles."*  
-Patricia Talbot, Bocage Member

*"Most comfortable shirt I have and it definitely makes you feel cooler!"*  
-Matt Jennings, Bocage Member

*"My wife normally HATES every shirt I buy, but she LOVED this one."*  
-Chris Martin, Bocage Member





# Kim Watts

Bocage Fitness Director  
225-933-5028 cell  
kimwatts@bocagerc.org

**Certifications:**

- AAFA Personal Trainer
- AAFA Fitness Instructor
- Yoga
- CPR



## FITNESS CENTER HOURS

7 DAYS A WEEK

6AM - 9PM

**Personal Training Rates:**

- 1 person at 1 hour \$65
- 1 person at 45 min \$50
- 1 person at 30 min \$35
- 2 people at 1 hour \$40 per person
- 2 people at 45 min \$35 per person
- 2 people at 30 min \$25 per person
- 3 people at 1 hour \$35 per person



## FITNESS CLASS SCHEDULE

### MAT PILATES

MON & FRI | START AT 9:10AM

### STRENGTH & CARDIO

MON | START AT 5:30PM

### INTERVAL CHALLENGE

TUES & THURS | START AT 9AM

### WATER FITNESS

MON & FRI | START AT 9AM  
WEDS | START AT 5:30PM





**ADULTS ONLY**  
**BOOZY BINGO**  
 FRIDAY  
**AUGUST 4th**

BOCAGE RACQUET CLUB  
 DOORS OPEN AT: 06:00PM

**SPECIALTY DRINKS PLUS... LOTS OF GREAT PRIZES**

*Mother & Son*  
**GAME NIGHT**

SATURDAY, AUGUST 19TH  
 5PM-7PM

**BOCAGE RACQUET CLUB**  
 \$25/PER PERSON  
 Buffet Dinner & Interactive Games

Grandmothers, Aunts, Step moms, Mother Figures, etc... are all welcome!

Bocage Racquet Club presents...  
**DENNY Corby**  
 -magician, comedian, performer-

**Friday, August 25th**  
 7:15pm-8:00pm - Cocktails  
 Happy Hour ALL NIGHT!  
 8:00pm-10:00pm  
 Denny Corby Show

**\$45/Show, Popcorn, and Dessert**  
 Full Menu will be available during the Cocktails!

*Chateau Ste Michelle*

Wine Dinner  
Friday, August 11th

**Looking to host a special event?**

Contact our Events Director,  
 Arianna Ross  
[eventplanner@bocagerc.org](mailto:eventplanner@bocagerc.org)  
 985-498-9028



**Bocage Dining Room 225-924-9659**

**DINING ROOM HOURS**

MONDAY	11AM - 9PM
TUESDAY	11AM - 9PM
WEDNESDAY	11AM - 9PM
THURSDAY	11AM - 10PM
FRIDAY	11AM - 9PM
SATURDAY	11AM - 2PM
SUNDAY	CLOSED

**BAR HOURS**

MONDAY	11AM - 9PM
TUESDAY	11AM - 9PM
WEDNESDAY	11AM - 9PM
THURSDAY	11AM - 10PM
FRIDAY	11AM - 9PM
SATURDAY	11AM - 6PM
SUNDAY	11AM - 6PM



**Adam Rowe**  
 Food & Beverage Director  
[arowe@bocagerc.org](mailto:arowe@bocagerc.org)

**Reese Patterson**  
 Assistant F & B Director  
[rpatterson@bocagerc.org](mailto:rpatterson@bocagerc.org)

**Arianna Ross**  
 Events Director  
[eventplanner@bocagerc.org](mailto:eventplanner@bocagerc.org)

**Hunter Dauzat**  
 Beverage Director  
[hdauzat@bocagerc.org](mailto:hdauzat@bocagerc.org)





# THE POOL

## Why it is a tradition...



- The Shark Shack
- Birthday Parties
- Special Events
- Lap Swim
- Water Aerobics
- Swim Team & Meets
- Swimming Lessons

**NEW POOL HOURS**  
**BOCAGE LIFEGUARD HOURS**  
**BEGINNING AUGUST 7TH!**

**AUGUST 7TH - SEPTEMBER 4TH**  
 MONDAY - THURSDAY: CLOSED  
 FRIDAY: 4PM - 9PM  
 SATURDAY: 11AM - 8PM  
 SUNDAY: 11AM - 6PM

**SPECIAL HOLIDAY HOURS**  
 LABOR DAY, SEPTEMBER 5TH: 11AM - 6PM

# THANK YOU



**SELA AQUATICS**  
**& THE 2023 BOCAGE SHARKS SWIM TEAM**

### DON'T FORGET



Please bring your own TOWEL

NO GLASS of any kind IN THE POOL AREA!



no glass goggles, bottles, drinking glasses, serving-ware or glass of any kind

No Outside Food or Beverages please.



...and have a good time!



Bocage Members,  
I am here to guide potential new members and help them with the Bocage Application Process.

Sponsoring Members will receive \$150 Food & Beverage credit to be applied to their account once approved and after over 90 days of membership.

Please contact me if you have a friend or family member interested in touring, joining or receiving information on Bocage Racquet Club.

*Renée Dugas*

renee@bocagerc.org  
225-924-6273 ext 1 (office)  
225-907-4180 (cell)



**WELCOME TO BOCAGE!  
2023 JULY  
NEW MEMBERS**

**ADAM & COURTNEY BEARY**

**TYLER & ANANDA LANE**

**OWEN & MOLLY STELL**

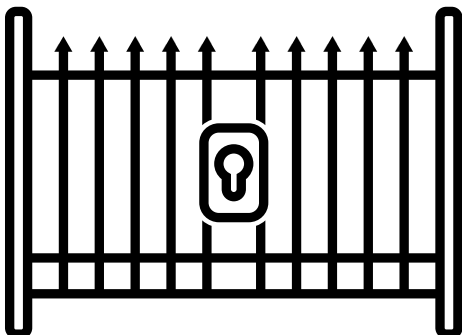
**PETER & VIRGINIA MARTINEZ**

**STUART & BRITTANY SCHNEIDER**

**JENNY LANIER RUGGARIO**

**JACQUELINE BARTLEY**

**download  
membership  
packet**



**Click here for information  
on accessing Jefferson Gate**

**BOCAGE**  
RACQUET CLUB



**CLICK HERE FOR  
BOCAGE WEBSITE CALENDAR**